

**EMSB INTERNATIONAL STUDENT PROGRAM  
FIELD TRIP PERMISSION FORM PACKAGE – WESTMOUNT HIGH SCHOOL  
CONSENT OF PARENT/GUARDIAN AND ACKNOWLEDGEMENT OF RISKS**

The EMSB international student department organizes field trips for our students throughout the year to give them the opportunity to experience Quebec and Canadian culture. We are pleased to announce the following exciting field trips planned for the 2017-2018 school year:

- Arbraska (Zip lining)
- Ottawa
- Quebec City
- Skiing
- Sugar Shack (Cabane à sucre)

**DATE(S):** Please refer to the back of this sheet for detailed dates. All the trips are taking place on pedagogical days or a Sunday.

**METHOD OF TRANSPORTATION:** School Bus or Coach Bus.

**SUPERVISION:** EMSB staff.

**POTENTIAL KNOWN RISKS:**

Variable and unforeseen risks may be associated with the recreational activities and travel to and from the activity listed above including unforeseen circumstances, weather or water conditions, collisions with moving or fixed objects, slips, falls, injury by an animal, equipment failure or negligence on behalf of the operator, student failure to heed safety instructions, delayed rescue or accessibility, etc.

I, Parent/Guardian/Host Parent, grant permission for my (host) son/daughter (Student's full name) \_\_\_\_\_ to participate in a full range of these types of activities that will take place during the year. I grant the English Montreal School Board the right to sign activity waiver forms and release forms deemed necessary, on my behalf. I do waive and release all claims against English Montreal School Board for injury, loss, damage, accident, or expense resulting from the student's participation in the international student activities program.

\_\_\_\_\_  
Name of parent/guardian

\_\_\_\_\_  
Name of Student

\_\_\_\_\_  
Parent/Guardian's E-mail

\_\_\_\_\_  
School attending

\_\_\_\_\_  
Parent/Guardian's Phone Number

\_\_\_\_\_  
Student's Email

\_\_\_\_\_  
Signature of Parent/Guardian

\_\_\_\_\_  
Student's Phone number

\_\_\_\_\_  
Date

**PLEASE RETURN THIS FIELD TRIP PERMISSION FORM PACKAGE AND PAYMENT TO MS. ELISA ON  
OCTOBER 3, 2017.**



| WHEN                     | WHERE  | WHAT   | HOW MUCH | <input checked="" type="checkbox"/> GOING? |
|--------------------------|--|--|----------|--|
| Friday October 13, 2017  | <b>Arbraska</b>                                  | <input checked="" type="checkbox"/> Zip-lining admission<br><input checked="" type="checkbox"/> Transportation (school bus)  | \$35     |  |
| Friday October 27, 2017  | <b>Ottawa</b>                                    | <input checked="" type="checkbox"/> Museum of History<br><input checked="" type="checkbox"/> Parliament Building<br><input checked="" type="checkbox"/> Rideau Canal Walk and Locksmith museum<br><input checked="" type="checkbox"/> Transportation (coach bus)                   | \$50     |  |
| <b>TOTAL</b>             |  |  |          | <b>\$</b>                                  |
| Sunday February 4, 2018  | <b>Quebec City</b>                               | <input checked="" type="checkbox"/> Ice Hotel Tour + beverage<br><input checked="" type="checkbox"/> Tubing<br><input checked="" type="checkbox"/> Old Quebec Walk<br><input checked="" type="checkbox"/> Dinner<br><input checked="" type="checkbox"/> Transportation (coach bus) | \$100    |  |
| Sunday February 18, 2018 | <b>Ski Trip Mont Rigaud For all high schools</b> | <input checked="" type="checkbox"/> Lift ticket<br><input checked="" type="checkbox"/> Equipment Rental<br><input checked="" type="checkbox"/> Transportation (school bus)   | \$50     |  |
|                          |  | <input checked="" type="checkbox"/> Lift ticket<br><input checked="" type="checkbox"/> Transportation (school bus)   | \$30     |  |
| Friday March 2, 2018     | <b>Ski Trip Mont Rigaud</b>                      | <input checked="" type="checkbox"/> Lift ticket<br><input checked="" type="checkbox"/> Equipment Rental<br><input checked="" type="checkbox"/> Transportation (school bus)   | \$50     |  |
|                          |  | <input checked="" type="checkbox"/> Lift ticket<br><input checked="" type="checkbox"/> Transportation (school bus)   | \$30     |  |
| Friday April 27, 2018    | <b>Sugar Shack</b>                               | <input checked="" type="checkbox"/> Meal + Maple Syrup Candy<br><input checked="" type="checkbox"/> Tractor ride<br><input checked="" type="checkbox"/> Transportation (school bus)  | \$20     |  |
| <b>TOTAL</b>             |  |  |          | <b>\$</b>                                  |

### Payment Options

Once you have chosen the field trips for your student, you can pick one of the following payment options:

One payment for all the chosen field trips due **October 3, 2017** or

Two separate payments

- First payment** for all chosen trips in 2017 is due **October 3, 2017**.

- Second payment** for all chosen trips in 2018 is due **January 16, 2018**.

(The payment form for 2018 field trips will be available as of January 8, 2018)

### Payment and Confirmation

Payment(s) may be made by credit card (VISA or MASTERCARD), Certified Check, or Money Order, payable to **English Montreal School Board**. Any inquiries should be directed to 514-483-7200 ext. 7788. Charges will appear as "English Montreal School Board" on your credit card statement.

I, \_\_\_\_\_ do hereby authorize the English Montreal School Board to charge my credit card \$ \_\_\_\_\_ (amount) for 2017-2018 EMSB International Student Field Trips.

Credit Card Number \_\_\_\_\_

Cardholder Name \_\_\_\_\_

Expiry Date: \_\_\_\_ / \_\_\_\_

Signature \_\_\_\_\_

A reminder with the details (departure/return time and meeting point) will be sent to you via e-mail as the dates approach. You should also tune into our social media for the details of each trip before the field trip date.



## ARBRASKA - ZIP LINING PARK IN RIGAUD

**Date:** Friday October 13, 2017

**Departure time:** 8:30am (be here for 8:15am)

**Meeting point:** Westmount High School front entrance (Metro Atwater + Bus 90/63 west)

**Return to school:** Approximately 4:00pm

**Cost: \$35** includes admission to activity and transportation

**Transportation:** School Bus

**Things to bring:** Lunch, snacks, bottle of water, a pair of thin inexpensive gloves (Dollar Store)

**What to wear:** Comfortable clothes (several layers) and running shoes

### Itinerary

8h30- Departure from school to Rigaud

9h45- Arrival at Rigaud

10h00-12h30- Zip lining

12h00-12h45- Lunch

12h45-14h45- Zip lining

15h00- Departure from Rigaud to school

16h00- Estimated arrival at the school

If you would like your (host) son/daughter to participate in this activity, please **fill out** the bottom half of this form along with **Arbraska's waiver form and 2 first sheets of this package.**



### PERMISSION FORM

I, \_\_\_\_\_ give permission for my child \_\_\_\_\_  
(Name of parent/ guardian) (Name of student)

Grade: \_\_\_\_\_ to participate in the **Zip Lining Activity.**

Signature of parent/guardian: \_\_\_\_\_

Date: \_\_\_\_\_



## OTTAWA TRIP

**Date:** Friday, October 27, 2017

**Departure time:** 7:00 am (be there by 6:45am)

**Meeting point:** WESTMOUNT HIGH SCHOOL front entrance (4350 St. Catherine Street West, Westmount H3Z 1R1)  
[Metro Atwater + Bus 90/63 west]

**Return to school:** Approximately 6:30pm

**Cost:** \$50 includes admission to activities and transportation

**Transportation:** Coach Bus

**Things to bring:** Lunch, snacks, bottle of water, comfortable clothes (no uniform)

### Itinerary

-07h00 Departure to **Ottawa!**

-09h30 Estimated arrival time in Ottawa at the **Canadian Museum of History**

-11h30 Lunch at the museum (**not included, suggestion: bring your lunch or money**)

-12h00 Bus transfer to the Parliament Hill

-12h35/45 Guided visit of the **Parliament of Canada**

-13h30 Walk to the **Bytown Museum**

-14h30 Guided tour of the **Ottawa Lockstation**

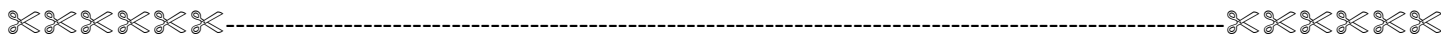
-15h30 End of the tour and walk to the **Byward Market**

-16h00 Free time to explore the **Byward Market**

-16h30 Departure to **Montreal!**

-18h30 Estimated arrival time at **Westmount High School**

If you would like your (host) son/daughter to participate in this activity, please **fill out** the bottom half of this form as well as the **2 first sheets of this package**.



### PERMISSION FORM

I, \_\_\_\_\_ give permission for my child \_\_\_\_\_  
(Name of parent/ guardian) (Name of student)

Grade: \_\_\_\_\_ to participate in the **Ottawa Trip**.

Signature of parent/guardian: \_\_\_\_\_

Date: \_\_\_\_\_



## ICE HOTEL, TUBING AND OLD QUEBEC

**Date:** Sunday February 4, 2018

**Departure time:** 7:00 am (be there by 6:45am)

**Meeting point:** WESTMOUNT HIGH SCHOOL front entrance (4350 St. Catherine Street West, Westmount H3Z 1R1)  
[Metro Atwater + Bus 90/63 west]

**Return to school:** Approximately 9:00pm

**Cost: \$100** includes admission to activities and transportation

**Transportation:** Coach Bus

**Things to bring:** Lunch, snacks, bottle of water, comfortable clothes (no uniform)

### Itinerary

-07h00 Departure to **Québec City!**

-10h30 Estimated arrival time at **Québec City's Ice Hotel** for a guided tour with a cocktail

-12h00 Admission to the **Village Vacances Valcartier** to do Tubing

\*Lunch on site (not included, suggestion: bring your own lunch/money)

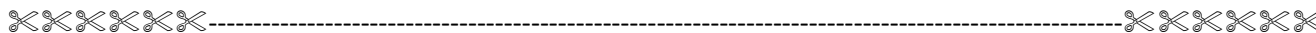
-16h00 Bus transfer to the **Old-Québec**

-17h00 Group dinner at **Restaurant Côtes-à-Côtes** (included)

-18h00 **Departure to Montréal!**

-21h00 Estimated arrival time at **Westmount High School**

If you would like your (host) son/daughter to participate in this activity, please **fill out** the bottom half of this form as well as the **2 first sheets of this package**.



### PERMISSION FORM

I, \_\_\_\_\_ give permission for my child \_\_\_\_\_  
(Name of parent/ guardian) (Name of student)

Grade: \_\_\_\_\_ to participate in the **Quebec City Trip**.

Signature of parent/guardian: \_\_\_\_\_

Date: \_\_\_\_\_

## SKI AT RIGAUD

**Date:** Friday, March 2, 2018

**Departure time:** 8:30 am

**Meeting point:** WESTMOUNT HIGH SCHOOL (4350 St. Catherine Street West, Westmount H3Z 1R1)

**Return to school:** Approximately 4:30pm

**Cost:** **\$50 / \$30** includes admission to activities and transportation

**Transportation:** School bus

Things to bring: Lunch or money to buy lunch and snack. Snow pants, gloves and skiing goggles

### Itinerary

08h30 Departure to **RIGAUD!**

09h30 Estimated arrival time at **RIGAUD**

10h00 Lessons for the very beginners

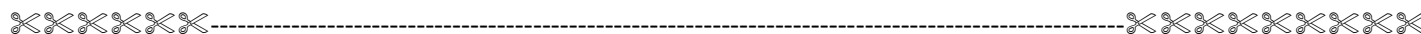
12h00 Lunch on site (**not included, suggestion: bring your own lunch or money**)

12h45 Back to skiing

15h00 Return equipment

15h30 Departure to **Montréal!**

16h30 Estimated arrival time at **Westmount High School**



### PERMISSION FORM

I, \_\_\_\_\_ give permission for my (host) child \_\_\_\_\_  
(Name of parent/ guardian) (Name of student)

to participate in SKI FIELD TRIP.

Signature of parent/guardian \_\_\_\_\_ DATE: \_\_\_\_\_

Please **choose one of the following choices.**

\_\_\_ **Lift ticket only** (I have my own equipment and know how to ski/snowboard) (**\$30**)

\_\_\_ **Ski** - Lift ticket + Equipment rental + **Group LESSON** (**\$50**)

\_\_\_ **Ski** - Lift ticket + Equipment rental (**NO LESSON**) (**\$50**)

\_\_\_ **Snowboard** - Lift ticket + Equipment rental + **Group LESSON** (**\$50**)

\_\_\_ **Snowboard** - Lift ticket + Equipment rental + (**NO LESSON**) (**\$50**)

The following information is needed for all equipment rental.

Female/Male, Height \_\_\_\_\_ Weight \_\_\_\_\_ (LB/ KG) Shoe size \_\_\_\_\_

For SNOWBOARDER, indicate which foot is forward. Right / Left

## SUGAR SHACK / CABANE A SUCRE AT CONSTANTIN GRÉGOIRE

**Date:** Friday, April 27, 2018

**Departure time:** 9:30 am

**Meeting point:** Westmount High School (4350 St. Catherine West, Westmount H3Z 1R1)

**Return to school:** Approximately 3:00pm

**Cost: \$20** includes admission to activities and transportation.

**Transportation:** School bus

### Itinerary

9h30 Departure to **St-Esprit!**

10h30 Estimated arrival time at **Constantin Grégoire**

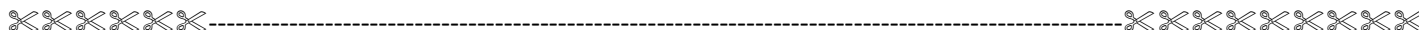
11h00 Tractor ride

11h30 Lunch on site (**included**)

12h30 Walk around

14h00 Departure to **Montréal!**

15h00 Estimated arrival time at **Westmount High School**



### PERMISSION FORM

I, \_\_\_\_\_ give permission for my (host) child \_\_\_\_\_  
(Name of parent/ guardian) (Name of student)

to participate in SUGAR SHACK FIELD TRIP.

Signature of parent/guardian \_\_\_\_\_ DATE: \_\_\_\_\_